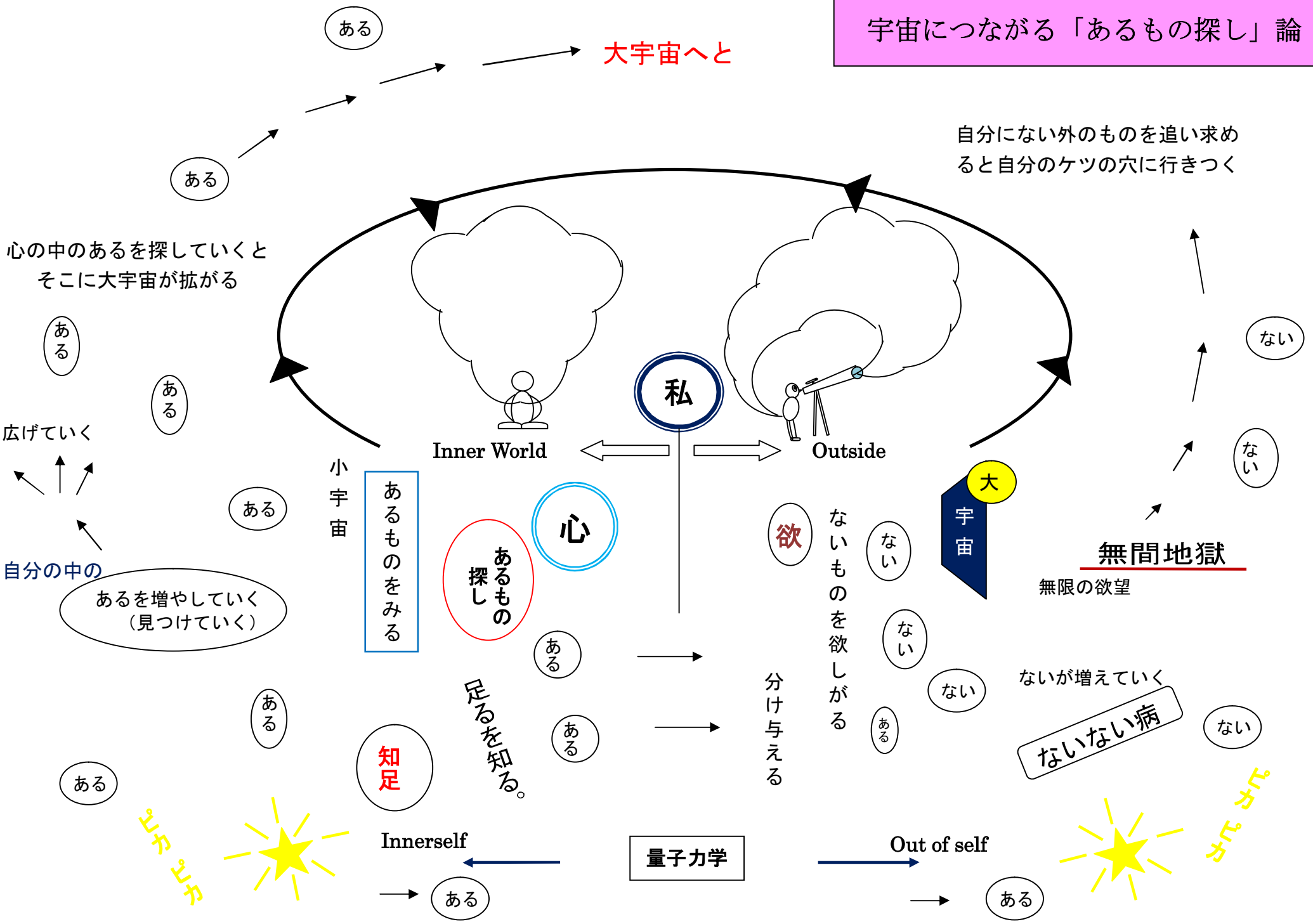宇宙につながる「あるもの探し」論